# AGLP Leadership Development Curriculum

# Team Building: Experiential Learning & Reflections Preview

## AGLP Leadership Development Sequence

Leading-Self Competency: Team Building

Reflection Learn Experience Mentorship April: March: February: "Post -Practicum" "Practicum" Seminar (completed in your life-environment) & (self-paced) Session Reference Review Leading Others: February – June Leadership Principles: July - December

# AGLP Leadership Development Curriculum

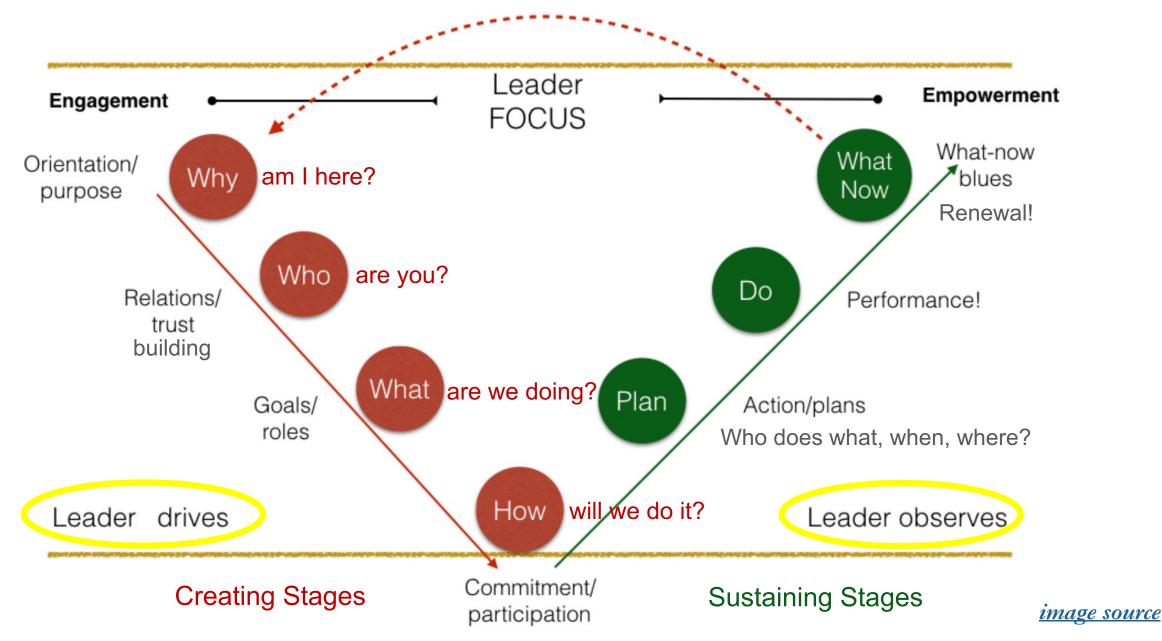
Team Building: Review

## Teams & Team Building

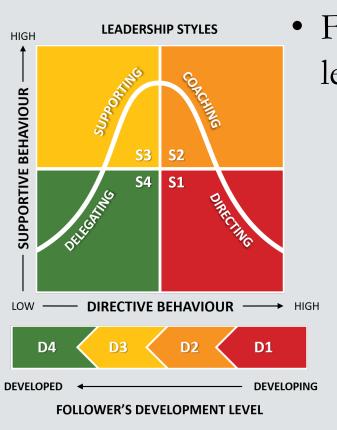


- Team: a group formed to accomplish a specific goal
- Accountable as a unit within an organization
- Success:
  - depends on contributions of entire team (one person cannot carry a team)
  - correlates with team leadership
- Team Building
  - forming/establishing new teams
  - guiding/maintaining existing teams

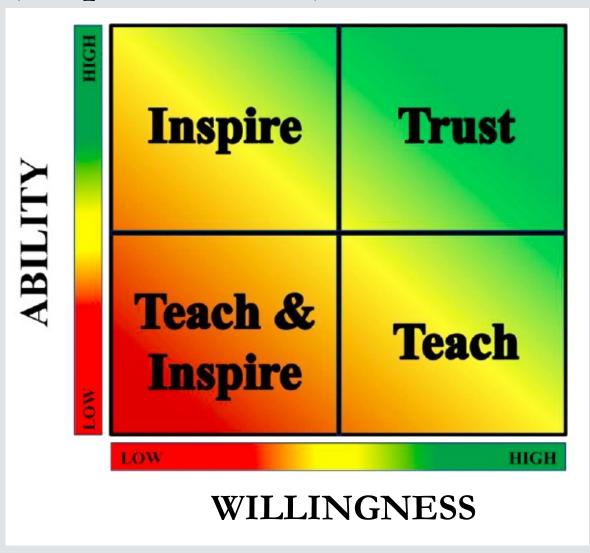
## Drexler/Sibbet Team Performance Model



## Situational Leadership (simplified model)



- Follower attributes & leadership styles:
  - unwilling & unable (teach/inspire/coach)
  - willing & unable (teach/support)
  - unwilling & able (inspire/direct)
  - willing & able (trust/delegate)



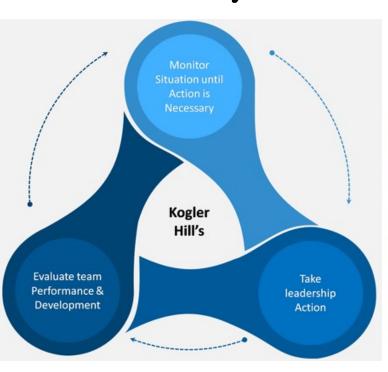
source: Loy Institute for Leadership

## **Team Leadership**

Susan Kogler Hill Chapter 14 - *Leadership* by Peter G. Nordhouse

### **Leadership Decisions**

Monitor or Take Action Task or Relational Internal or External



## Internal Leadership Actions

Task

Goal Focusing

Structuring for Results

**Facilitating Decisions** 

Training

Maintaining Standards

#### Relational

Coaching
Collaborating
Managing Conflict
Building Commitment
Satisfying Needs
Modeling Principles

### **Environmental**

**External Leadership Actions** 

Networking
Advocating
Negotiating Support
Buffering
Assessing
Sharing Information

#### Team Effectiveness

Performance Development



## **Psychological Safety**

Team members feel safe to take risks and be vulnerable in front of each other.

2

## Dependability

Team members get things done on time and meet Google's high bar for excellence.

3

## **Structure & Clarity**

Team members have clear roles, plans, and goals.

4

## Meaning

Work is personally important to team members.

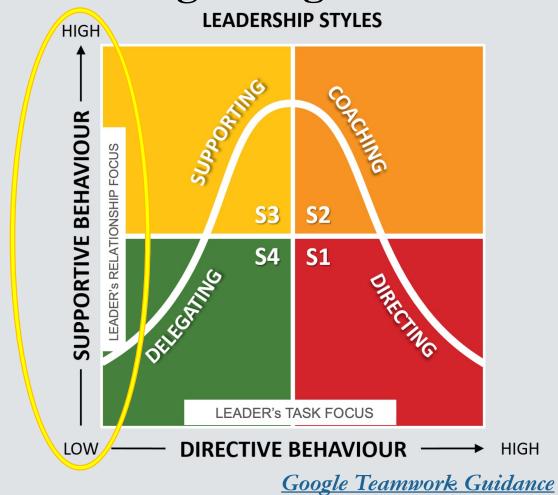
5

### **Impact**

Team members think their work matters and creates change.



## Corporate Applications of Team Building – Google re:Work



## Corporate Applications of Team Building – upwork & indeed

14 Steps to Build a Successful & Effective Team			
set goals & start planning	promote individual development		
define roles w/in team	avoid micromanagement		
maximize skills of your team members	motivate the team with positivity		
embrace diversity	establish strong leadership		
set expectations from day one	create a team culture		
allow team to take risks	foster connections within the team		
celebrate successes & failures	communicate frequently & effectively		

Successful Teams				
Characteristics	How to Build			
goal-oriented	set SMART goals			
commitment to roles	establish well-defined roles			
open to learning	experiment regularly			
diverse perspective/exp.	embrace diversity			
shared culture	share a common culture			
responsibility/accountability	be accountable to the team			
clear communication	communicate effectively			
an effective leader	welcome strong leadership			

## Team Building & Team Communications

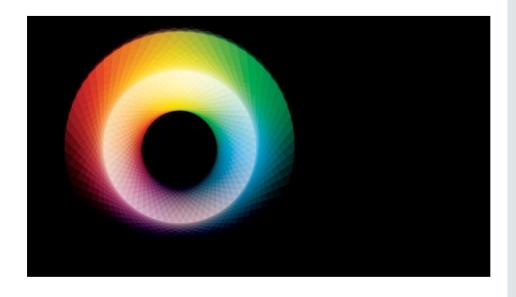
Harvard Business Review

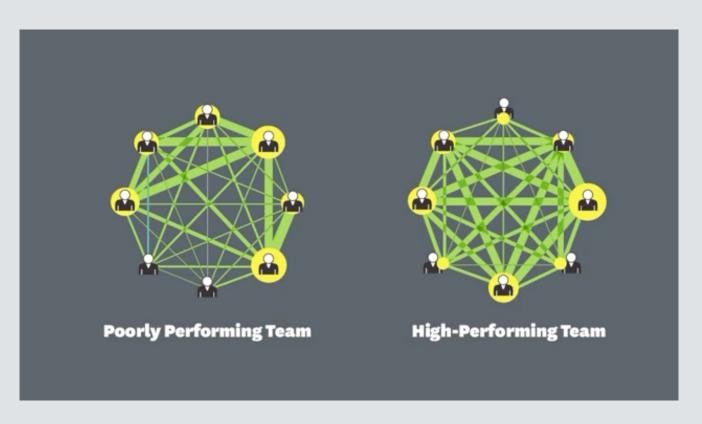
Collaboration And Teams | The New Science of Building Gre...

## **The New Science of Building Great Teams**

by Alex "Sandy" Pentland

From the Magazine (April 2012)





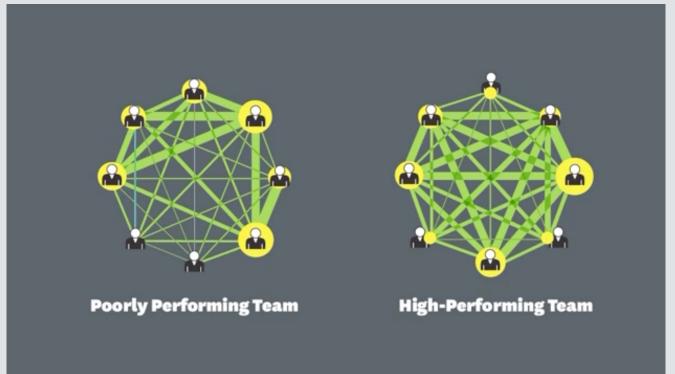
The New Science of Building Great Teams

Video Link The



## Team Building & Team Communications

- sociometric: science of communicating coms, tone & intensity of task/social exchanges patterns predict team success
- successful patterns: everyone on the team talks/listens in equal measure contributions are short/sweet



- members connect w/one another
   & not just the team leader (with EI-based interactions)
- coms have energy & engagement

Team success doesn't depend on individual smarts but rather on how the team communicates

The New Science of Building Great Teams

## Team Building & Collaboration

Harvard Business Review

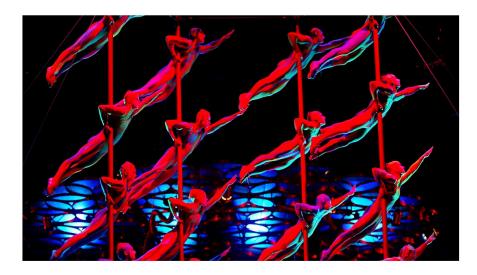
Collaboration And Teams | Eight Ways to Build Collaborative Teams

**Collaboration And Teams** 

## **Eight Ways to Build Collaborative Teams**

by Lynda Gratton and Tamara J. Erickson

From the Magazine (November 2007)



#### **Collaboration Attributes**

invest in supporting social relationships

model collaborative behavior

establish a "gift" culture (interactions = gift)

mentor & coach

create training programs in collaborative behavior & support informal community building

create leaders who are both task- and relationship-oriented

build on heritage relationships

establish clearly defined roles for team members

Eight Way to Build Collaborative Teams

## Creating Effective Academic Research Teams

Journal of Clinical and Translational Science

www.cambridge.org/cts

#### Education Special Communications

Cite this article: Brower HH, Nicklas BJ, Nader MA, Trost LM, and Miller DP. Creating effective academic research teams: Two tools borrowed from business practice. Journal of Clinical and Translational Science S: e74, 1–5. doi: 10.1017/ds.2020.539

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#### Keywords

Team development; team charter; RACI matrix, leadership development; team science

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#### Creating effective academic research teams: Two tools borrowed from business practice

Holly H. Brower<sup>1</sup>, Barbara J. Nicklas<sup>2</sup>, Michael A. Nader<sup>2</sup>, Lindsay M. Trost<sup>2</sup> and David P. Miller<sup>2</sup>

<sup>1</sup>Clinical and Translational Science Institute, Wake Forest University, Winston-Salem, NC, USA and <sup>2</sup>Clinical and Translational Science Institute (CTSI), Wake Forest School of Medicine, Winston-Salem, NC, USA

#### Abstract

Academic Medical Centers strive to create multidisciplinary research teams to produce impactful science. However, few faculty researchers receive training in "team science," a well-established concept in business research and practice. Responding to demand for assistance developing effective research teams, the Collaboration and Team Science Program of the Clinical and Translational Science Institute (CTSI) at Wake Forest School of Medicine (WFSM) partnered with faculty from the Wake Forest University (WFU) School of Business with expertise in leadership, management, and team building. We initiated a needs assessment, including a written survey from a diverse set of 42 research scientists as well as semi-structured interviews with 8 researchers. In response to identified needs, we developed training sessions and consultations to teach teams to implement two tools known to enhance team dynamics: (1) Team charter, a document that defines the team's purpose, goals, roles, and strategies; and (2) Responsible, Accountable, Consulted, Informed (RACI) matrix, a table or spreadsheet that clarifies tasks and accountability. Since 2018, 10 teams and over 100 individuals have attended training sessions and 6 teams received personalized team consults. We describe these tools, present a formal analysis of quantitative results, and highlight the next steps being taken in response to these findings.

#### Table 1. Needs assessment survey results for team science core competencies

Themes from responses to open-ended question: "what is the biggest challenge you face on the teams on which you serve?"

Communication

Location is an issue, email complicates our communications, expectations are not clearly communicated, communication about conflicts.

Expectations

Setting clear expectations of roles, tasks, and deadlines.

Accountability

Getting members to meet deadlines, set priorities among individual differences and multiple projects, feedback challenges (especially to senior-level team members).

Engagement

Getting everyone to buy in to goal/vision.

- create a team charter (team's purpose, goals, strategies & team member's roles/accountabilities)
- RACI Matrix: responsible, accountable, consulted & informed for significant tasks

Task	Diana	Anna	Dave	Nicole
Recruit participants	Α		1	R
Administer surveys	Α	1	С	R
Maintain study databases	R	Α	1	
Train clinics on the study protocol	R		С	Α
Create an annual progress report	R	С	Α	R

Creating Effective Academic Research Teams

NYT link

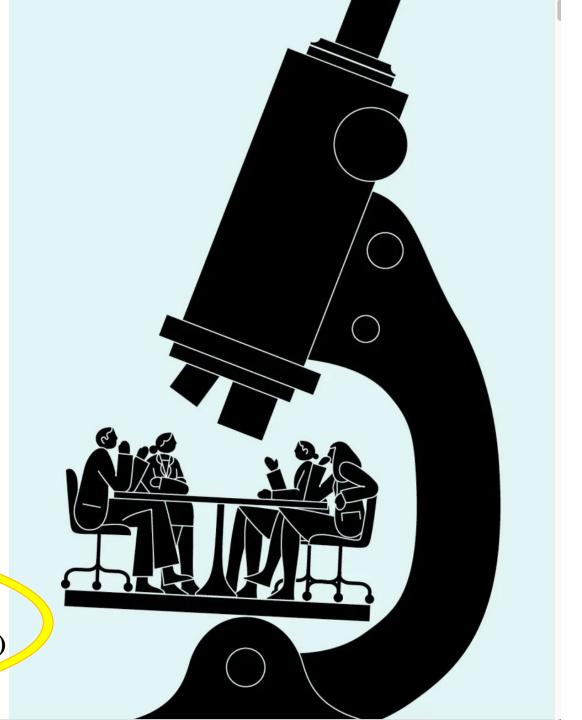
THE WORK ISSUE

# What Google Learned From Its Quest to Build the Perfect Team

New research reveals surprising truths about why some work groups thrive and others falter.

Effective teams at Google:

- 1. Team members respect one another
- 2. Team members empathize with each other (high EI)



NYT link

THE WORK ISSUE

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#### Effective teams at Google:

- 1. Team members respect one another
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"good" group norms propel teams

- 1. on good teams, members speak in the same proportion (conversational turn-taking)
- 2. on good teams, members have high "social sensitivity" they are tuned in on how others felt based on tone, expressions & nonverbal clues (EI ©)

## Leadership – Resonating Themes

Leaders are role
models
(& should realize this
responsibility)

Communication is essential for success

Emotions are data



# Relationship-oriented attributes:

- Values
- Respect
- Trust

#### Task-oriented actions:

- Goals
- Roles
- Accountability & Responsibility

# Team Building

Practicum

## Team Building: Experiential Learning Scenarios

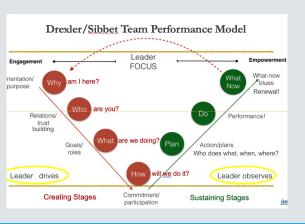
lab workenvironment –

can you ID
where KH
leadership
intervention
could/should be
applied?





• research
publication
process –
implement D/S
team
performance
model



## Team Building: Experiential Learning Scenarios

• Teaching Fellow environment

applysituationalleadership



FOLLOWER'S DEVELOPMENT LEVEL



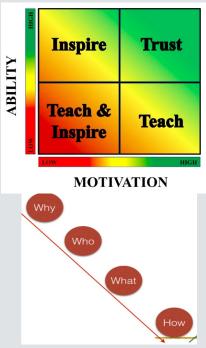
• home
environment –
does FSNP apply
for established
relationships?



## Building Teams: VW Experiential Learning



• building new teams – using technology to create teams with "Tinder for startups"





• teaching & inspiring – also effective with highly motivated students

## Next Steps

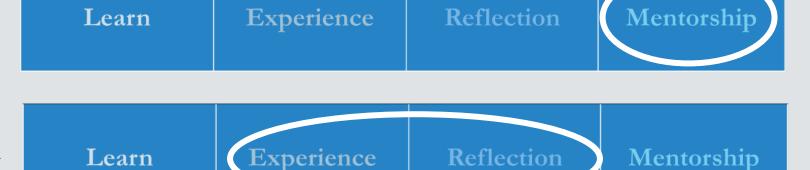
• Team Building – all March

Experience Reflection Learn Mentorship

- Influencing Others March 7
- Review/Preview March 14

Learn Experience Reflection Mentorship

- Technical Proficiency March 2
- Influencing Others all April



Mentorship

Learn

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# Team Building